



2-DAY  
CONFERENCE  
on Diabetes  
Mellitus

Diabetes:  
Treating the gap  
6-7 OCTOBER 2017  
OLYMPIC MUSEUM  
THESSALONIKI



Hellenic  
Diabetes  
Academy

## FINAL PROGRAMME

### FRIDAY 6 OCTOBER 2017

#### AUDITORIUM

09.30-10.00	<b>Prediabetes: Disease or precursor?</b> <i>Niki Katsiki</i> Chair: Nikolaos Kefalogiannis
10.00-10.30	<b>Gestational diabetes. Diagnosis, treatment, impacts on the fetus and the mother,</b> <i>Dimitris Goulis</i> Chair: Christos Manes
10.30-11.30	<b>Vitamin D και Diabetes mellitus,</b> <i>Kalliopi Kotsa</i> <b>Diabetes mellitus type 2 and osteoporosis,</b> <i>Alexandra Bargiota</i> Chair: Ioannis Giovos
11.30-12.00	<b>BREAK</b>
12.00-12.45	<b>Treatment of diabetes mellitus: DPP 4 inhibitors or GLP1 analogs?</b> <i>Evangelos Rizos</i> Chair: Kyriakos Kazakos
12.45-13.30	<b>Early stages of diabetic nephropathy. Diagnosis, treatment,</b> <i>Athanassios Raptis</i> Chair: Eryfili Hatziaggelaki
13.30-14.00	<b>Satellite Lecture</b> <b>Modern holistic treatment of diabetes mellitus type 2 patients</b> Chair: Konstantinos Makrylakis <b>Clinical experience from SGLT2 inhibitors. The value of everyday clinical practice data.</b> Speaker: Athanassios Raptis <i>Kindly sponsored by AstraZeneca</i>
14.00-16.30	<b>LUNCH BREAK</b>
16.30-17:15	<b>Recent data on the cardiovascular safety of antidiabetic drugs,</b> <i>Nikolaos Papanas</i> Chair: Konstantinos Makrylakis
17:15-18.00	<b>Obesity and Diabetes mellitus. What do we treat?,</b> <i>Themistoklis Tzotzas</i> Chair: Efthymios Kapantais <i>In collaboration with the Hellenic Medical Association for Obesity (HMAO)</i>
18.00-18.45	<b>BREAK</b>
18.45-19.30	<b>Statin and risk of diabetes mellitus. Myth or reality?</b> <i>Konstantinos Toutouzas</i> Chair: Apostolos Efthymiadis
19.30-20.15	<b>Insulin therapy in diabetes mellitus type 2. Start, intensification,</b> <i>Georgios Dimitriadis</i> Chair: Emmanouil Pangalos
20.15-21.15	<b>Satellite Lecture</b> <b>DEVOTE Study: Confirmation of the cardiovascular safety of the Degludec Insulin with simultaneous significant reduction of severe hypoglycemia</b> Chair: Georgios Dimitriadis Speaker: Stefanos Baltagiannis <i>Kindly sponsored by Novo Nordisk</i>



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SATURDAY 7 OCTOBER 2017  
AUDITORIUM

09.30-10.00	<b>Monogenic diabetes, <i>Assimina Galli</i></b> Chair: Kyriakos Kazakos
10.00-11.00	<b>Training patients with diabetes mellitus. Does it really have the place it deserves?</b> Speakers <i>Kyriakos Kazakos, Marianna Benroubi, Konstantinos Makrylakis</i> Chair: Marianna Benroubi
11.00-11.30	<b>Satellite Lecture</b> <b>New horizons in the pharmaceutical treatments of Obesity. Naltrexone HCl 32mg / Bupropion HCl 360mg: the value of the double action mechanism in reducing body weight</b> Speaker: Dimitrios Papazoglou Chair: Emmanouil Pangalos <i>Kindly sponsored by Pharmaswiss-Valeant</i>
11.30-12.00	<b>BREAK</b>
12.00-12.30	<b>Fatty liver and diabetes. What does it mean in clinical practice? <i>Stavros Bousboulas</i></b> Chair: Georgios Tsiantas
12.30-13.15	<b>Presymptomatic coronary disease testing of asymptomatic patients. Is it necessary -and if so, when? <i>Konstantinos Makrylakis</i></b> Chair: Ioannis Zarifis
13.15-14.15	<b>Workshop</b> <b>Erection and diabetes</b> <i>Dimitris Hatzichristou</i>
14.15-16.30	<b>LUNCH BREAK</b>
16.30-17.15	<b>Selecting antihypertensives for patients with diabetes mellitus, <i>Maria Gavra</i></b> Chair: Pantelis Zempekakis
17.15-18.00	<b>Antiplatelet treatment in diabetes mellitus. Primary and secondary prevention of cardiovascular events, <i>Dimitris Skoutas</i></b> Chair: Christos Manes
18.00-18.30	<b>Diabetes mellitus treatment algorithm. What's recent?</b> <i>Eleni Bekiari</i> Chair: Marianna Benroubi
18.30-19.00	<b>Satellite Lecture</b> <b>Diabetes mellitus type 2 and cardiovascular disease: The simultaneous therapeutic challenge and the role of empaglifozin</b> Speaker: Dimitris Skoutas Chair: Eryfili Hatziaffelaki <i>Kindly sponsored by Boehringer Ingelheim</i>
19.00-19.30	<b>BREAK</b>
19.30-20.00	<b>Treatment of diabetes mellitus. SGLT2 or incretin-related drugs, <i>Panagiotis Halvatsiotis</i></b> Chair: Georgios Dimitriadis
20.00-20.45	<b>Does the definition of the C-peptide and the autoantibodies complicate or help things in everyday practice? <i>Eryfili Hatziaffelaki</i></b> Chair: Emmanouil Pangalos
20.45-21.15	<b>Cardiovascular impacts of SGLT2 inhibitors. Αποτέλεσμα φαρμάκου ή κατηγορίας; <i>Alexis Sotiropoulos</i></b> Chair: Nikolaos Kefalogiannis



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SATURDAY 7 OCTOBER 2017  
SEMINAR HALL

**Workshop**

**The role of the nurse in diabetes mellitus**

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**Chairs:** Kyriakos Kazakos, Aliko Dimitriadou

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**The role of the family in the adherence of diabetes mellitus patients,**

*Maria Lavdaniti*

**The diabetic patient in continuous renal replacement therapy,**

*Theodora Kafkia*

**Quality of life of diabetes mellitus patients in the framework of the disease chronicity,**

*Evgenia Minasidou*

**Perioperative care of diabetic patients,**

*Polyxeni Liamopoulou*

**Nursing interventions in patients with Diabetes mellitus and infarction,**

*Areti Tsaloglidou*

11.15-13.15